



I Introduction



I Proper implant care



I Good to know

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Proper implant care

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Why is normal oral hygiene not good enough?

The threat of bone loss

Dental plaque is home to numerous bacteria. As long as the plaque deposits are removed at regular intervals before they cause damage to the teeth or gums, the biological balance in the oral cavity will be maintained. But as soon as the plaque bacteria multiply, there will be an increasing risk of tooth decay and periodontal disease. Severe inflammatory conditions such as periodontitis (inflammation of the gums around a tooth) or peri-implantitis (inflammation of the gums around an implant) pose a significant risk for bone loss and may cause the loss of the tooth or implant.

What tools can and cannot do

- ▶ Toothbrushes (even the most futuristic electric ones) cannot clean the teeth everywhere because they do not get into the interdental spaces.
- ▶ Dental floss, interdental brushes or toothpicks are essential (there is even “thick” dental floss especially for use around implants). They are the only way to remove the bacterial plaque between the teeth.
- ▶ Oral irrigators are of limited use around implants and certainly not a substitute for proper tooth cleaning.